

WP De-Stress Fest 2016

Sunday, May 1

Get the Hike Outta Here! Ellis Island/Statue of Liberty

9:00am-5:30pm, Meet at Rec Center (Lot 6)

Pre-registration is necessary at Rec Center to confirm your spot! Fee: \$10 for WP students.

Sponsored by: Recreational Services

Sunday Fun Day

12:00pm-4:00pm, Athletic Practice Fields

Enjoy tie-dye, water tag, hot dog & sundae bars, a book swap, and field day activities.

Sponsored by: The Office of Residence Life

Monday, May 2

Free Coffee and Tea Service

10:00am-12:00pm, 2nd floor Bridge Lobby in Student Center

Have a complimentary cup of coffee or tea on us!

Sponsored by: Campus Activities, Service & Leadership and Counseling, Health & Wellness

Breathing, Meditation & Yoga Session

2:30pm-4:00pm, Student Center Multipurpose Room

First 10 students will receive a free yoga mat! Relax, relate and release with Yoga.

Sponsored by: Campus Activities, Service & Leadership and Counseling, Health & Wellness

Student Center Arcade Takeover

7:00pm-10:00pm, Student Center Arcade and Main Street

Free arcades, food and airbrush artist!

Sponsored by: Campus Activities, Service & Leadership and Counseling, Health & Wellness

Tuesday, May 3

Destress Fest Petting Zoo

12:30pm-2:00pm, Zanfino Plaza

Come pet and feed the baby goats, lambs, rabbits, a mini horse, ponies, and llama!

Sponsored by: The Office of Campus Activities, Service & Leadership

Stop Hunger Now Meal Packaging Event

6:00pm-10:00pm, Student Center Multipurpose Room

Join us in bagging 10,000 meals for a developing country.

Sponsored by: The Office of Campus Activities, Service & Leadership and Residence Life

Wednesday, May 4

Commuter Service Breakfast for Oasis in Paterson

9:00am-12:00pm, Student Center 211

Join us for breakfast and make a care package for women & children in need!

Sponsored by: Commuter Services and The Office of Campus Activities, Service & Leadership

Chill Out

12:00pm-2:00pm, Student Center Multipurpose Room

Food, games, giveaways & music!

Sponsored by Transfer Student Experience, Sophomore & Junior Experience and Advisement

Library Snack Attack

8:00pm-12:00am, Library Friend's Lounge

Take a break and enjoy a free coffee, tea or water and snacks!

Sponsored by: The Office of Campus Activities, Service & Leadership

Late Night Breakfast hosted by Sodexo

9:00pm-12:00am, Wayne Dining Hall

Students with a meal swipe or \$8.50 can enjoy a breakfast themed late night meal.

Thursday, May 5

Project Linus Community Service

12:30pm-2:00pm, University Commons 211

Work together with other students to create blankets for children in the Pediatric Unit at St. Joe's. Lunch will be served.

Sponsored by: The Office of Residence Life & Campus Activities, Service & Leadership

Free Coffee and Tea Service

3:00pm-5:00pm, 2nd floor Bridge Lobby in Student Center

Come enjoy a complimentary cup of coffee or tea on us!

Sponsored by: Campus Activities, Service & Leadership and Counseling, Health & Wellness

Spa and Game Night

8:00pm-11:00pm, Student Center Multipurpose Room

Free massages, manicures, waxing, threading, games, and more!

Sponsored by: Counseling, Health & Wellness and Campus Activities, Service & Leadership

Friday, May 6

Free Coffee and Tea Service

9:00am-11:00am, 2nd floor Bridge Lobby in Student Center

Come enjoy a complimentary cup of coffee or tea on us!

Sponsored by: Campus Activities, Service & Leadership and Counseling, Health & Wellness

Pioneer Café Live featuring Singer Chantel Williams

9:00pm-11:00pm, Student Center Multipurpose Room

Come enjoy this relaxing Neo-Soul performance and grab a snack!

Sponsored by: Campus Activities, Service & Leadership

Friday Night at The Rec -- Relaxation Edition

10:00pm-1:00am, Recreation Center (Lot 6)

Free massage chairs, foot massagers, food and much more!

Sponsored by: Recreational Services